



MIXED MARTIAL ARTS UNIFIED RULES FOR YOUTH, JUNIOR, CADET COMPETITION [As of January 2022]

1) SCOPE:

Amateur Mixed Martial Arts [MMA] competition shall provide participants new to the sport of MMA the needed experience required to progress through to a possible career within the sport. The sole ethos of Amateur MMA is to provide the safest possible environment for combatants to train and gain the required experience and knowledge under directed pathways allowing them to compete under the confines of the rules set out within this document.

Through MMAFI- Mixed Martial Arts Federation, India, it is recognized that varying state legislation may differ from region to region, and this can be reflected in the resultant documentation and rules sets from the MMAFI state members. The annual MMAFI National Federation MMA Championship or any MMAFI open tournament across India may be held in differing states. As such, changes shall be facilitated and known before the competition. We're striving for in conjunction with the unparalleled safety-conscious nature of the combatants in a unified and aesthetically common identity of the sport of Mixed Martial Arts for amateur competition.

There shall be an “over and above” policy instructed to officials when it comes to dealing with the safety of the youth participants; this shall be further detailed throughout this document.

The MMAFI currently recognizes and regulates 4[four] different categories of Amateur and 1 [one] Professional Mixed Martial Arts competition:

- Unified MMA Rules
- Unified Amateur MMA 18+
- Youth 16-17 (U18) MMAFI
- Junior 14-15 (U16) MMAFI
- Cadet 12-13 (U14) MMAFI

The rules as set out in this document shall be applied to and according to any MMAFI Youth tournament held across India.

2) **DEFINITION:**

“Mixed Martial Arts” means a combat competition involving the use, subject to any applicable limitations outlined in these Unified Rules, of a combination of techniques from different disciplines of the martial arts, including, without limitation, grappling, kicking, and striking.

3) **JURISDICTION:**

The Referee shall remain the sole arbiter of a contest. All contests and exhibitions of mixed martial arts must be conducted under the supervision and authority of the commission/host regulatory body.

4) **ROUNDS:**

Each contest under MMAFI Youth regulation shall consist of the following:

MMAFI Youth 16-17s (U18) 3 x 2 minutes rounds duration with a 1 minute rest period.
MMAFI Junior 14-15s (U16) 2 x 2 Minutes rounds duration with a 1 minute rest period, if in case of tie 3 round will be proceed

MMAFI Cadet 12-13s (U14) 2 x 1 minute 30 seconds rounds with 1 minute rest period, If there is a break, then Referee will blow the whistle, and three judges will raise the flag of the corner. To win the fight athlete needs a minimum of 2 flags in his/her favour.

5) **BREAK AND STOPPING THE CONTEST:**

The referee and the ringside physician are the only individuals authorized to enter the ring/fighting area at any time during the competition, and the referee is the sole arbiter of a contest and is the only individual authorized to stop a fight.

If Referee felt that athlete is not capable to defend himself in any case Referee can stop the bout and after discussion with jury panel Referee can declare the win to the opponent of the athlete who is not capable to defend himself.

6) **JUDGING:**

All contests will be evaluated and scored by the three judges.

7) **SCORING SYSTEM:**

The Unified Criteria currently utilized at MMAFI Senior & Junior tournaments shall be applied and used in determining the winner of a contest based upon its effective use and application.

8) **LIST OF LEGAL SUBMISSIONS**

- Rare Naked Choke
- Guillotine Choke (from armpit)
- Arm-bar
- Kimura
- Americana
- Triangle Choke
- Arm Triangle Choke
- Anaconda Choke
- D'Arce choke
- Leg-lock
- Knee-bar

For Submission Win, an U16 & U14 athletes needs to hold the position of submission for five seconds and U18 needs to submit opponent by using submission from above mentioned submission list.

9) **WARNINGS:**

A single warning will be issued for the following infractions only:

- 1) Holding or grabbing the fence
- 2) Holding onto opponent's shorts, gloves, shin-guards or rash-guard
- 3) Having the fingers outstretched, palm parallel to the floor toward the opponentface

10) **FOULS:**

The following acts constitute a foul in mixed martial arts competition:

1. Butting with the head
2. Eye gouging of any kind
3. Biting or spitting at an opponent
4. Fish Hooking

5. Hair pulling
6. Spiking the opponent to the canvas onto the head or neck (pile-driving)
7. Strikes to the spine or the back of the head. The spine includes the tailbone
8. Throat strikes of any kind and/or grabbing the trachea
9. Fingers outstretched toward an opponent's face/eyes
10. Elbow & forearm strike to any part of the body
11. Groin attacks of any kind
12. Kneeing and/or Kicking the head of a grounded opponent
13. Stomping of a grounded fighter
14. Holding opponent's gloves, shorts, shin-guards, or rash guard
15. Holding or grabbing the fence with fingers or toes
16. Small joint manipulation [fingers or toes]
17. Throwing an opponent out of the fighting area
18. Intentionally placing a finger into any orifice or any cut or laceration of your opponent
19. Clawing, pinching, twisting the flesh.
20. Timidity (avoiding contact, consistently dropping the mouthpiece, or faking an injury)
21. Use of abusive language in the fighting area
22. Flagrant disregard of the referee's instructions
23. Unsportsmanlike conduct that causes an injury to an opponent
24. Attacking an opponent after the bell has sounded the end of the period of unarmed combat.
25. Attacking an opponent on or during the break
26. Attacking an opponent who is under the care of the referee
27. Interference from a mixed martial artist's corner or seconds
28. Applying any foreign substance to the head or body to gain an advantage
29. Applying submissions not listed in the legal submission list of MMAFI Youth, Junior & Cadet MMA rules.
30. If any athlete who is pretending or faking injuries and wasting time can lead to foul.

11) FORBIDDEN TECHNIQUES

In addition to the listed fouls above, techniques that shall remain forbidden in Amateur Mixed Martial Arts contests shall be:

- 1) Elbow and forearm strikes of any kind
- 2) Back fist Punch/Elbow
- 3) Heel Hook
- 4) Applying submissions that are not listed in the legal submission list of MMAFI Youth MMA or sit through crucifix and/or any submission deemed as applying pressure to the neck or spine

- 5) Knees to the head of an opponent
- 6) Ground and Pound to the face

In addition to the listed fouls and forbidden techniques for the amateur competition, the following restrictions shall also apply to the youth age category in which they are listed:

For U18 & U16 striking with Punch with light contact to the head or face is allowed. There shall be no striking with Punch to the head or face for U14.

Cadet (U14) 12-13 years old

1. No striking with the knees in any fashion
2. No grounded striking on face.
3. No leg submissions of any description
4. No suplex, elevated/shoulder throws, or slams
5. No standing chokes/submissions of any description
6. No linear kicks to the knee
7. No up-kick from a grounded position
8. No foot stomps

Any throw must be of a hip or hip toss variation and have both head and arm control.

The premise on which the youngest group of amateurs shall compete shall be based heavily upon applying and adapting mixed martial arts techniques in an enhanced safety environment.

The technical restrictions detailed above shall both allow and facilitate young competitors to garner the necessary time and experience in a competitive format without the risk of unnecessary injury or trauma suffered.

As a result, the referees shall be instructed to allow the techniques to be freely and openly used and applied but not necessarily finished. In other words, a young competitor caught in a legal submission hold shall not be permitted the same leniency and time that an advanced senior would have to utilize an escape.

We must recognize that the emphasis will be exaggerated from a safety-first perspective in not allowing or risking unnecessary injury to our young athletes at such an early age. As a result, "Technical Submission's" shall be a more frequent occurrence to both decide or end a match.

Junior(U16) 14-15 years old

1. No striking with the knees in any fashion
2. No kicking to the body of a downed opponent - Closed fist striking to the body only
3. No grounded striking of any fashion
4. No bicep or calf crush
5. No wristlocks
6. No leg submission of any description
7. No suplex, elevated/shoulder throws or slams
8. No standing submission/chokes
9. No linear kicks to the knee
10. No up-kick from a grounded position
11. No foot stomps

Youth (U18) 16-17 years old

1. No striking with the knees in any fashion
2. No kicking to the body of a downed opponent - Closed fist striking to the body only
3. No bicep or calf crush
4. No wristlocks
5. No suplex, elevated/shoulder throws or slams
6. No standing submissions/chokes
7. No linear kicks to the knee
8. No up-kick from a grounded position
9. No foot stomps

Figure four ankle locks are to be applied to a straight leg only, no bending of the knee while applying the submission allowed.

12) FOUL PROCEDURE

Disqualification can occur after any combination of fouls or after a single flagrant foul.

Fouls resulting in a point[s] being deducted and signaled by the referee must result in the deduction from the offending contestant's score and be notated by all three judges and the official scorekeeper.

Only a referee can assess a foul; if the referee does not call the foul, judges must not make that assessment independently.

A fouled contestant has **up to** 5 minutes to recuperate. This **does not apply** to all fouls.

If a foul is committed, the referee may call time should the fouled contestant show any visible sign of distraction or injury.

- 1) The referee shall call time.
- 2) The referee shall check the fouled contestant's condition and safety.
- 3) The referee shall then instruct the fouling contestant to a neutral corner, assess the foul to the fouled contestant, deduct points [if required] and notify the judges and official scorekeeper.

If a bottom contestant commits a foul, the contest will continue without referee intervention unless the top contestant is injured.

- 1) The referee will verbally notify the bottom contestant of the foul.
- 2) When the round is over, the referee will assess the foul and notify both corners, the judges, and the official scorekeeper.

13) **INJURIES SUSTAINED BY FAIR BLOWS AND FOULS:**

Fair Blows: If the injury is severe enough to terminate a contest, the injured fighter loses by TKO.

Fouls:

Intentional

- 1) If an injury is severe enough to cause the immediate termination of a contest, the contestant causing the injury loses by disqualification.
- 2) If an injury is produced and the contest is allowed to continue, the referee will notify the authorities and automatically deduct 2 points from the contestant who committed the foul. Point deductions for intentional fouls will be mandatory.
- 3) If an injury as described in (b) above is the cause of the contest being stopped in a later round, the injured boxer will win by TECHNICAL DECISION if he is ahead on the scorecards.
- 4) If an injury as described in (b) above is the cause of the contest being stopped in a later round, the contest will result in a TECHNICAL DRAW if the injured contestant is behind or even on the scorecards.
- 5) If a contestant injures himself while attempting to foul his opponent, the referee will not take any action in his favor, and the injury will be the same as one produced by a fair blow.

Accidental

- 1) Any injury severe enough for the referee to stop the contest immediately will result in a NO CONTEST if stopped before two rounds have been completed in a 3 round contest.
- 2) Any injury severe enough for the referee to stop the contest immediately after two rounds of a 3 round contest, the contest will result in a TECHNICAL DECISION, awarded to the contestant who is ahead on the scorecards at the time the contest is stopped.
- 3) If injury (b) above occurs, there will be no scoring of an incomplete round.
- 4) If injury (b) above occurs, and the referee penalizes either contestant, then point(s) shall be deducted from the final score.

The protocol and point deduction criteria currently utilized in Junior/Senior MMAFI competition shall be the same throughout the youth tournaments, the premise being that we are competing under and adhering to as close to a single and unified rule-set as possible for all MMAFI tournaments.

In Cadet (U14) and Junior (U16)categories where a single round is contested technical decisions shall not be employed. If a referee determines that a contestant cannot continue due to an accidental foul, the uninjured contestant shall advance in the tournament.

14) WEIGHT DIVISIONS:

Weigh-ins for amateur contestants shall be on the day of competition and each subsequent day of competition that the athletes progress.

All athletes must weigh in on the official competition scale in shorts and t-shirt/rash guard, most preferably the official MMAFI apparel. Youth contestants are not permitted to strip above or below the waist to underwear or bare torso.

To facilitate this, all contestants at all official weigh-ins shall be granted an additional 1lb [454gr] allowance over and above their designated weight category, as detailed below.

Cadet category (U14)12 - 13 years old

Male & Female [under]

- -31kg/ 68.3 lbs
- -34kg/ 75 lbs
- -37kg/ 81.6 lbs
- -40kg/ 88.2 lbs
- -44kg / 97 lbs
- -48kg/ 105.8 lbs
- -52kg/ 114.6 lbs
- -57kg/ 125.7 lbs
- +57kg/ 125.7 lbs – TO A MAXIMUM OF 62kg / 136.7 lbs.

Junior category (U16) 14 - 15 years

old Male & Female [under]

- -40 kg/ 88.2 lbs
- -44 kg/ 97 lbs
- -48 kg/ 105.8 lbs
- -52 kg/ 114.6 lbs
- -57 kg/ 125.7 lbs
- -62 kg/ 136.7 lbs
- -67 kg/ 147.7 lbs
- -72kg/ 158.7 lbs
- +72 kg/ 158.7 lbs – TO A MAXIMUM OF 77.1 kg/ 170 lbs

In both Junior U16 & Cadet U14 categories, for the upper weight limits only, no athlete shall be allowed to compete with a weight difference greater than 5 kg.

Youth category(U18)16-17 years old [as per current Unified Amateur MMA rules]

Male [under]

- Strawweight: -52.2 kg /115 lbs
- Flyweight: -56.7 kg /125 lbs
- Bantamweight: -61.2 kg /135 lbs
- Featherweight: -65.8 kg /145 lbs
- Lightweight: -70.3 kg /155 lbs
- Welterweight: -77.1 kg /170 lbs
- Middleweight: -83.9 kg /185 lbs
- Light
- Heavyweight: 93.0kg/205lbs
- Heavyweight: -120.2 kg /265 lbs

Female [under]

Atomweight: - 47.7kg /105 lbs
Strawweight: -52.2 kg /115lbs
Flyweight: -56.7 kg /125 lbs
Bantamweight: 61.2kg/135lbs
Featherweight:-65.8kg/145lbs
Lightweight: -70.3 kg /155 lbs
Welterweight:-77.1 kg/170 lbs

In female category Youth (U18), for the upper weight limit only, no athlete shall be allowed to compete with a weight difference greater than 5 kg.

15) MEDICAL REQUIREMENTS FOR CONTESTANTS:

All athletes must complete all pre-competition medical examinations and tests set out by the commission/host regulatory authority. This can be found in the competition license and registration handbook or the statutes defined by the MMAFI. The medical requirements set out pre-competition shall be mandatory.

The commission/host regulatory authority licensing the contest shall conduct or supervise all pre-contest weigh-ins and supervise a rules meeting for all contestants and their corner man.

Post-Contest medical examination:

- 1) Immediately following a contest, each contestant shall be given a medical examination by a physician approved by the commission/host regulatory authority. The medical examination may include any examinations or tests the commission deems necessary to determine the post-contest physical fitness of a contestant.
- 2) Any contestant who refuses to undergo a post-contest medical examination shall be immediately suspended for an indefinite period for an investigation to take place.

16) MMAFI EQUIPMENT SECTION

Competitors participating in MMAFI official events should comply with the MMAFI regulations. State federations/Association/Club of the competing athletes are responsible for ensuring that athletes wear MMAFI Approved kits that comply with the rules.

In MMAFI tournaments, it is a mandatory requirement under MMAFI competition for all MMAFI Approved equipment to be worn at all times during the competition. Competitors will be issued two sets of kits, one in red and one blue, each consisting of the following items: gloves, shin guards, rash guard, and a pair of shorts. Competitors will retain both sets of kits at the end of the competition.

Protective Kit

Gloves

The gloves shall be new for all events and in good condition, or they must be replaced. Only gloves supplied by the commission/host regulatory authority with prior approval from the MMAFI Technical Committee can be used for the duration of the competition.

All athletes shall wear gloves with protective padding weighing a minimum of 6 ounces and no more than 8 ounces.

The gloves for amateur competition shall be recognized as visibly different from those used under professional rules and have such aesthetic. Athletes are not permitted to supply their gloves.

Gloves are open-handed with finger and thumb loops to facilitate grappling. The wrist shall be supported by means of a Velcro strap. No lace-up gloves are permitted. Gloves shall be colored either Red or Blue.

Shin guards

The use of shin guards and rash guards shall be a mandatory requirement for amateur mixed martial arts competitions. The type of shin guard used shall facilitate the grappling aspects associated with the competition. The preferred type shall be a tight fighting pull-on sock/neoprene type shin guard. The use of shin guards with Velcro-type strap fasteners or utilizing any substance other than which the shin guard is made of shall be forbidden. Shin guards shall be colored either Red or Blue.

Chest Guard

Lightweight and compact allow the wearer faster movement without restricting. A thick foam pad inside prevents impact and shock to the chest, abdomen, rib by absorbing and distributing the force.

Groin Protectors

All male athletes must provide and wear a groin protector. Females may choose to wear a groin protector should they so wish.

Mouthpieces

All athletes must wear a well-fitting mouthpiece, which shall be subject to examination and approval. A round will not begin until both athletes have their respective mouthpieces in place.

If a mouthpiece is involuntarily dislodged during competition, the referee will call time and replace the mouthpiece at the first opportune moment, which does not interfere with the immediate action. Athletes are responsible for sourcing their non-branded mouthpieces.

Head Guard

Headgear is a padded helmet worn on the head by contestants in amateur MMA bouts. It effectively protects against cuts, scrapes, and swelling. Headgear is subject to provision by the organizers.

Athlete's Apparel Shorts

Each athlete must wear mixed martial arts shorts/compression shorts. No pockets, zips, fasteners, or any foreign substance other than the material that the shorts are made of shall be permitted to present on the shorts. No external lace-up waistband on the outside of the shorts is permitted; it must be inside the waistband of the shorts. The shorts shall be colored either Black, Red or Blue.

Rash-guards

The type of rash guard to be used shall be tight fighting stretch material. The rash guard will carry the State Name and the athlete's surname on the upper back of the garment in tournaments where back numbers are applicable. All rash guards are to be of short-sleeve type. No long sleeve rash guards are permitted. The rash guards shall be colored either Red, Blue, or Black.

Special Considerations

MMAFI understands and gives special dispensation to all cultural and religious beliefs and practices. Any female athlete wishing to wear either/or long sleeve rash guards and tights to cover the skin can do so with prior written notification to the commission/host regulatory authority.

Shoes

Athletes may not wear shoes of any kind during competition.

Equipment Control procedure

Athletes' equipment/kit must be exempt from stains and must not show any signs of being worn out. If the condition of the equipment is assessed as unsatisfactory, the athlete must obtain replacement equipment from the Equipment Room.

Replacements will only be issued in the following cases:

- Torn Equipment
- Bloodstains or any other apparent stains
- Worn out
- Lost or stolen kit (at the discretion of the Equipment Manager)

The athlete's surname on the accreditation card has to correspond with the surname on the back number.

Long hair must be tied up out of the way.

17) **FIGHTING AREA REQUIREMENTS**

Where possible and practically reasonable, host federations should be using the MMAFI Approved Fighting Area for all competitions.

In all other instances where the MMAFI approved fighting area is not used, the following specification for the fighting areas should be strictly followed. Close & detailed fighting area inspections should take place before the start of MMAFI competitions and each subsequent day competition to ensure the highest of safety standards.

Fighting Area:

- 1) The fighting area must be circular or form another shape such as hexagonal or octagonal and have equal sides and must be no smaller than 20 feet x 20 feet and no larger than 32 feet x 32 feet in diameter/cross-section.
- 2) The fighting area floor shall be padded in a manner as approved by the commission/host regulatory authority with at least a 40mm layer of high-density foam padding. Padding shall extend beyond the ring/fighting area and over the edge of the platform. The ring/fighting area shall have a vinyl covering. Canvas covers are not permitted unless for a single-day competition or final.

Fence:

- 1) The canvas/vinyl floor covering of the fighting area shall be enclosed by a fence made of such material as will not allow a contestant to fall out or break through it onto the floor or spectators, including, without limitation, a chain-link fence coated with vinyl. Any metal portion of the fenced area must be covered and padded in a manner approved by the and must n commission/host regulatory authority and must not be abrasive to the contestants.
- 2) The fenced area must have two gated entrances [which must open outward], preferably on opposite sides of the fenced area.
- 3) There must not be any obstruction on any part of the fence surrounding the area in which the contestants are competing.

Ring Stools:

- 1) A ring stool of a type approved by the commission/host regulatory authority must be available for each fighting area in use and both red and blue corners. After each contest, all ring stools must be thoroughly cleaned or replaced [if damaged/mislaid].
- 2) An appropriate number of stools or chairs shall be available for each contestant's seconds in the corner.

Other Equipment:

For each contest, the licensed promoter shall provide each contestant's corner with:

- 1) A clean water bucket with a clean towel
- 2) A clear plastic bottle containing water.

Only water in clear plastic bottles is to be consumed by athletes at all times during the competition.

18) SAFETY REQUIREMENTS:**Specifications for Bandages on Contestants' hands:**

- 1) In all weight classes, the bandages on each contestant's hand shall be restricted to soft open weave gauze cloth not more than 20 yards in length and 2 inches in width, held in place by not more than 10 ft. of surgeon's/zinc oxide tape, 1 inch in width, for each hand.
- 2) Surgeon's/zinc oxide adhesive tape shall be placed directly on each hand for protection near the wrist. Strips of tape may be used between the fingers to hold down the bandages.
- 3) The bandages shall be evenly distributed across the hand.
- 4) Bandages and tape shall be placed on the contestant's hands in the dressing room in the presence of the commission/host regulatory authority.
- 5) Under no circumstances are gloves to be placed on the hands of a contestant until the approval of the commission/host regulatory authority is received. Each glove shall be sealed and taped either in red or blue. Athletes may not remove the gloves once sealed until the competition bout has taken place.

Contestant's Physical Appearance:

- 1) Each contestant must be clean and present a tidy appearance.
- 2) The use of Vaseline/grease or any other foreign substance, including, without limitation, grooming creams, lotions, or sprays, may not be used on the face, hair, or body of a contestant. The referee or the commission's representative shall cause any excessive grease or foreign substance to be removed.
- 3) The commission/host regulatory authority representative shall determine whether the head or facial hair presents any hazard to the contestant's safety or his opponent or will interfere with the supervision and conduct of the contest. Suppose the head or facial hair of a contestant presents such a hazard or will interfere with the supervision and conduct of the contest. In that case, the contestant may not compete in the contest unless the circumstances creating the hazard or potential interference are corrected to the satisfaction of the commission's representation. Without limiting the foregoing standard, head hair must be trimmed or tied back in such a manner

that it will not interfere with the vision of either contestant or cover any part of a contestant's face.

4) Contestants may not wear any jewellery or other piercing accessories while competing.

19) **TYPES OF CONTEST RESULTS:**

Submission by:

Physical Tap Out

Verbal tap out

Knock out [body]

Technical Knockout (TKO) by:

Referee stopping contest

Referee stopping the contest on the advice of the Ringside Physician/Corner Decision via the referee and [if required] 2nd official/table judge.

Disqualification

Forfeit

No contests and draws cannot be applied in a tournament format where contestant progression and medal placing are needed. In such instances, if the three rounds of competition [Youth category U18 only] have resulted in a draw [point deduction], then a fourth period/overtime round shall be contested.

In the event of a point deduction that results in a score draw in the overtime round, then the fighter who committed the foul and had the point deduction shall be eliminated from the tournament, the opponent who did not achieve the foul advances. This rule can only be applied to the fourth overtime round.

Only in a tournament format should overtime rounds be contested. At all other times, the Referees evaluation and decision remain final.

20) **SCORING TECHNIQUES:**

Effective Striking/Grappling shall be considered the first priority of round assessments.

Effective Striking/Grappling Legal blows that have an immediate or cumulative impact with the potential to contribute towards the end of the match, with the IMMEDIATE weighing in more heavily than the cumulative impact.

Successful execution of takedowns, submission attempts, reversals, and the achievement of advantageous positions that produce immediate or cumulative impact with the potential to contribute to the end of the match weigh more heavily than the cumulative impact. It shall be noted that a successful takedown is not merely a changing of position but the establishment of an attack from the use of the takedown.

Submission attempts that cause an opponent to tire and weaken, taking considerable effort to escape, shall be given greater weight when scoring than attempts that are easily defended and escaped without effort. Impactful throws and takedowns are weighed more heavily than athletes who are tripped or bundled to the mat.

This will be the deciding factor in a high majority of decisions when scoring a round.

Scoring:

Under the MMAFI Youth, competition, the referee in charge of the match shall determine the contest's winner based on the evaluation and use of the criteria set out within this document.

At their sole discretion, the referee can utilize the opinion and consultation of the 2nd official/table judge to deliberate and determine the winning contestant in a close match.

It should be noted that before the commencement of any youth tournament, the criteria and protocol for decision-making are to be made known to the contestants and their coaching team. It shall also be strictly and firmly stated that there will be a zero-tolerance policy for remonstrations and/or determined un-sportsmanlike or aggressive behavior toward any officials as to the decisions made.

This is an amateur sport and in this particular format designed and designated for the youth and ultimately the future of the sport. The behavior they both witness and employ today shall be the image and portrayal of the sport of mixed martial arts tomorrow. As such, a respectful "fair play" attitude is to be expected and encouraged at all times.

The appeals process is not to review any rendered decision made by a referee. The process is there for any illegal or missed action that could have resulted in a differing outcome of the match. Examples include a missed foul or a submission missed by an official. This procedure shall also be firmly and clearly communicated prior to the commencement of the tournament.